



Headstrong Nation

Potential Indicators of Dyslexia

(Please circle those items that apply)

Reading

- I read text slowly.
- I need to re-read content for understanding.
- I have difficulty following written instructions.
- I have difficulty comprehending what I've read.
- I have difficulty reading and understanding technical language.
- I have difficulty retaining what I've read.

Writing

- I have difficulty with spelling words.
- I reverse letters when I write.
- I mix up the order of the letters in a word.
- I have difficulty filling in forms and completing applications.
- I have difficulty taking notes and often cannot read what I've written.
- I have difficulty using conventions such as punctuation and grammar.
- I have difficulty organizing and expressing my thoughts clearly in writing

Numbers and Mathematics

- I have difficulty listing and/or organizing numbers.
- I have difficulty copying numbers.
- I have difficulty performing basic mathematical calculations.

Directionality

- I have difficulty remembering left from right or up from down.
- I have a weak sense of direction and following sequences.

If you have circled several of the items above, you may wish to discuss this with your healthcare provider and consider requesting an evaluation by a professional trained in identifying dyslexia or other learning issues. The instrument above should not be used as a replacement for a professional evaluation.

